

## WHAT MAKES A SAINT?

Saints are people who have lived as true witnesses of Jesus Christ. You must have heard about a few saints, perhaps at school or in your parish or maybe you have read about them? What, in your opinion, makes them a saint? In the spaces below, write two key words about being a saint.

SAINTS

## THE SAINTS: OUR MODELS

Over the years, throughout the history of the Church, a great many people have accepted God's invitation to follow Him. In many ways and in different circumstances, they acted as witnesses for Him in the world. The Church brings to our attention some of these brave and holy people so that we can learn from them. We can keep them as our models, people for us to imitate.



There have been all sorts of saints over the centuries—men and women of different nationalities and from different cultural backgrounds. Some died young, while some lived for a long time. They did all sorts of things during their lives. Some were married, others were priests, nuns, missionaries and doctors. Some were even kings and queens, but some were very poor people. All sorts of people became saints.

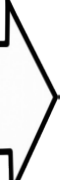
## CONFIRMATION NAME

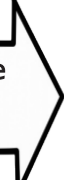
It is traditional for Confirmation candidates to choose a Confirmation name. This is a name of a saint that they like or someone they have chosen as their model—someone to learn from and imitate in real life. Have you chosen your Confirmation name? Which saint are you going to use as your model? Write some brief points about your knowledge of them in the box below.

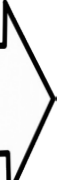
Name of Saint:

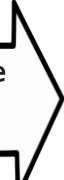
## SAINTS I HAVE HEARD OF

In the spaces below, write the names and brief notes or keywords about other saints you have heard of and that you admire because of what they did.

Saint's name 

Saint's name 

Saint's name 

Saint's name 

## SAINTS TODAY

Can you think of anyone who is a saint today? Someone who is still alive and who by what he/she says or does is clearly a witness to Jesus Christ in today's world? Write brief notes about them in the space below.

Person's name 

## ASKING THE HOLY SPIRIT'S HELP

The Holy Spirit is the one who gives us the courage to be witnesses to Jesus Christ like the saints were. Write a short letter to the Holy Spirit asking for help in the task of being a disciple of Jesus and living as an adult Catholic in today's world.

